

WMTRC 2023 Innsbruck-Stubai

Early General Information Sheet (EGIS)

Welcome Message

Dear Presidents, officials and athletes,

The WMTRC21 in Chiang Mai is starting in a few days, and therefore I would like to take this opportunity to wish you all the best and good luck in Thailand.

Actually, as the saying goes, after the World Championships is before the World Championships, but this is not true in the case of Innsbruck-Stubai 2023 - we have already been working hard for months with a tight schedule to welcome you in the best possible way in Tyrol, in the heart of the Alps, next June.

You can look forward to stunning landscapes in Stubai and to Innsbruck, a charming university city. You will experience how we bring together the urban and the alpine, and you will be delighted by the choice of our courses.

Tyrol is a tourist destination that attracts millions of people from all over the world year after year. Hotels and gastronomy have a showcase character, friendliness is not a loose slogan, but lived practice. Look forward to it!

We put the sport and its protagonists in the center of attention, our greatest attention belongs to them. But you will all find optimal infrastructures for workshops, meetings and congresses for your organizations. Mass races in the days before and also during the World Championships, a rich social program, a ten-day Expo, and several more are further fixed points of our, no: your!, WMTRC 2023 Innsbruck-Stubai.

This General Information Sheet should give you an overview of who we are, what we want, how we plan.

In any case, organizing the World Championships is a challenging task, and so for now my last thought goes to our friends from the Amazing Thailand Local Organizing Committee - thank you for being our predecessors, and good luck with the upcoming event!



Alexander Pittl, General Manager Alpine Trailrun Festival GmbH



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Country Information



Useful Information

Country Name: **Austria** (83,878 km²)

Host city: Innsbruck-Stubai

| | | |
|-------------|-----------|-----------|
| Population: | Austria | 8.979.894 |
| | Innsbruck | 130.596 |
| | Stubaital | 4.887 |

Language: German

Currency: Euro

Local Time: GMT+2:00 (Summer) / GMT +1:00 (Winter)

Driving: Right-handed

Electricity: 230V, socket Type F

Mobile network: 4G, 5G

Business hours: 9 a.m.–5 p.m.

Shops: 7:30/8:00 a.m.–7 p.m., Saturday 6 p.m.

Weather Conditions (June)

Maximum temperature: 24°C

Minimum temperature: 11°C

Average temperature: 18°C

Average precipitation per day: 111,7 mm



Event Schedule

The event schedule below is up to date as of 18th, Oct. 2022. Please be aware that it is subject to change.

The Innsbruck Alpine Trailrun Festival will take place beforehand from June 01 – June 04, 2023.

Monday June 05, 2023

Arrival & Check In

Tuesday June 06, 2023

Arrival & Check In

Technical Meeting Vertical

Opening Ceremony

Wednesday June 07, 2023

Vertical Stubai

Start: Neustift (Stubai Valley)

Finish: Elfer Hut (Stubai Valley)

7km [+ 1.020 m asc.]

Medal Ceremony

Thursday June 08, 2023

Trail Short

Start: Innsbruck

Finish: Neustift (Stubai Valley)

45km [+ 3.200 m /- 2.772 m]

Medal Ceremony

Friday June 09, 2023

Trail Long

Start: Neustift (Stubai Valley)

Finish: Innsbruck

86km [+ 6.000 m /- 6.300 m]

Medal Ceremony

Saturday June 10, 2023

Mountain Classic

Start/Finish: Innsbruck

Youth (1 loop): 6,7 km [+ 370 m/- 370 m]

Seniors (2 loops): total 13,7 km [+ 781 m/- 781 m]

Medal/Closing Ceremony

Visa

You can find a general information on visa requirements of each country on this [link](#). Please be aware, that if you enter through another country, you may need to check its regulation separately.

Arrival



The LOC will arrange transport for all accredited persons from Innsbruck airport and or Innsbruck train station.

By Plane

Innsbruck Airport is a small, regional airport, located on the western edge of the city with flights to international destinations such as Amsterdam, Frankfurt or London several times a week. The flight schedule can be found at the link below. The connection to Munich might appear as the most convenient way due to excellent train connections to Innsbruck.

AIRPORT INNSBRUCK (INN)

Fürstenweg 180

A-6020 Innsbruck

Tel: +43 512 22525-0

info@innsbruck-airport.com

<https://www.innsbruck-airport.com/en/passengers-visitores/flying/timetable/>



By Train

The main train station in Innsbruck is just a short walk from the city centre with excellent train connections from Munich or Vienna Airport.

The train schedule can be found at the link below.

MAIN TRAIN STATION INNSBRUCK
Südtiroler Platz 7, 6020 Innsbruck
T: +43 512 / 93 0001722
www.bahnhofcenter-innsbruck.at
<https://www.oebb.at/en/>

By Car

Innsbruck/Stubai is located at a motor highway hub perfectly accessible from all directions:

North: A12 from Munich/A7/A179 from Reutte (Germany)

East: A12 from Munich

West: A14/S16 from Swiss/Lichtenstein/Germany

South: A22/A13 from Italy

Accommodation & Meals

Accommodation for teams will be in Neustift and Innsbruck in selected hotels close to both venues. Half of the athletes and officials will be hosted in Innsbruck, the other half will have accommodation in the Stubai Valley. Please indicate the length of your stay and the arrival date as well as the number of people in the Preliminary Entry Form, which will be sent out in December, so we can book the hotels accordingly.

The LOC is paying the accommodation for 4 nights for all quota athletes and the corresponding number of officials (up to a maximum of 4). For all non-quota athletes and additional officials, the federation will be charged 100€ per person per night for accommodation and full board for 4 nights. These four nights have to be in the time span of Tuesday June 06 – Sunday June 11, 2023.

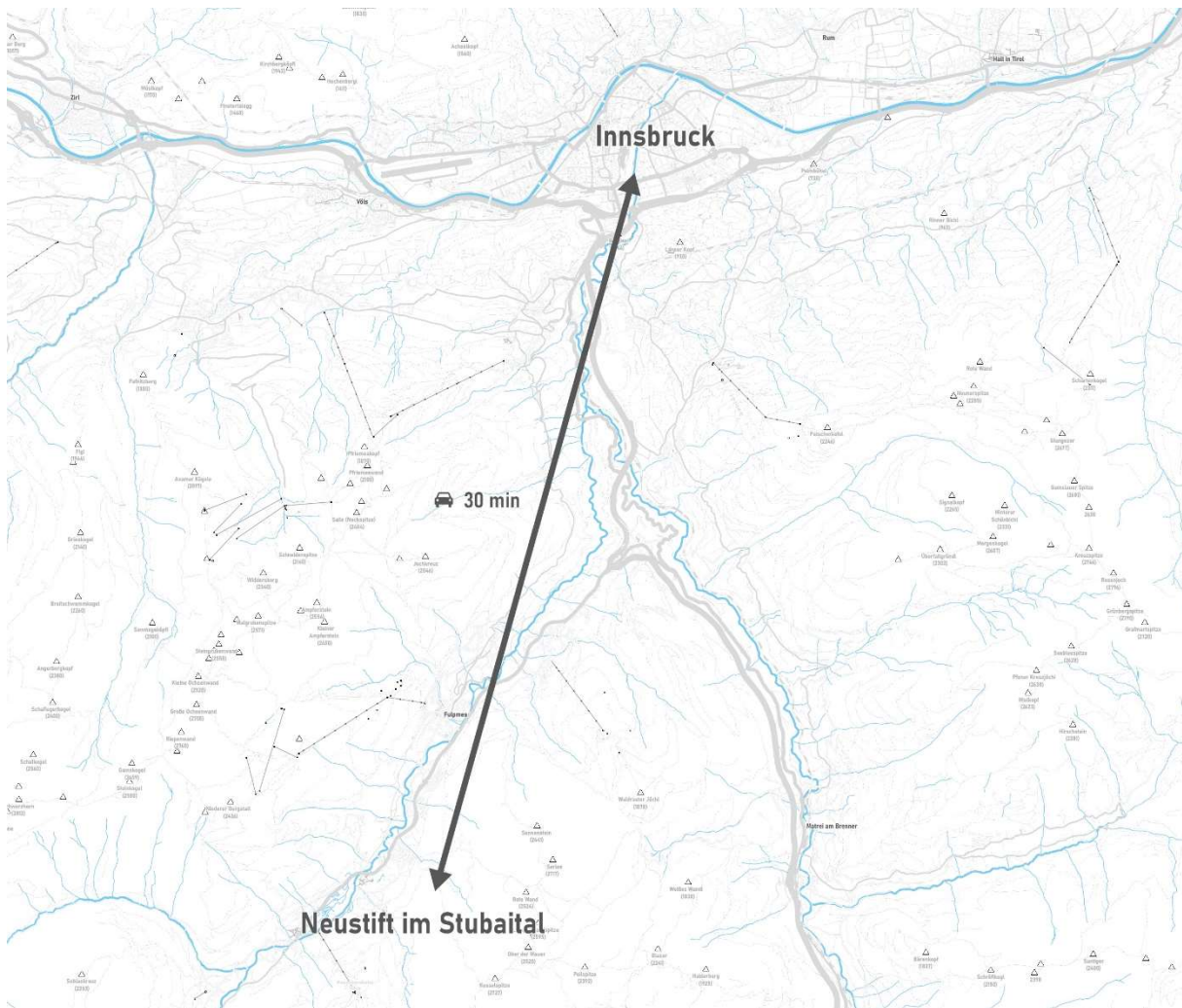
Catering and Chill-out areas for athletes will also be available in both venues in Neustift and in Innsbruck. Breakfast will take place in each hotel. Lunch and dinner will be served in the Catering area of both venues. Please indicate food restrictions of the athletes within the final entry form.

Teams wishing to book accommodation outside the window 06-11 June 2023 should contact incoming@innsbruck.info or stubaitouristik@stubai.at.

Transportation

The sophisticated transportation concept includes a permanent transport service between the two venues Neustift and Innsbruck. In addition, the accreditation allows a free use of public transport in the region during the event. At expected peak times (e.g., before the competitions), separate shuttles for athletes will be set up to guarantee an uncomplicated and easy arrival to the races. We kindly ask all teams to make use of our transport concept not only for ecological reasons but to avoid congestions, too. Both Venues offer several facilities (showers, dedicated rest areas, team catering, etc.) to reduce the usage of permanent shuttles to the needs of the athletes only.

Race Venues



There will be two fully equipped venues at the heart of the competitions (incl. Shower facilities, athlete/ rest areas, catering areas, anti-doping facilities, exhibition, luggage depot, etc.)

A) **Venue Neustift** (coordinates: 47.107825, 11.304375)

Leisure Centre Neustift

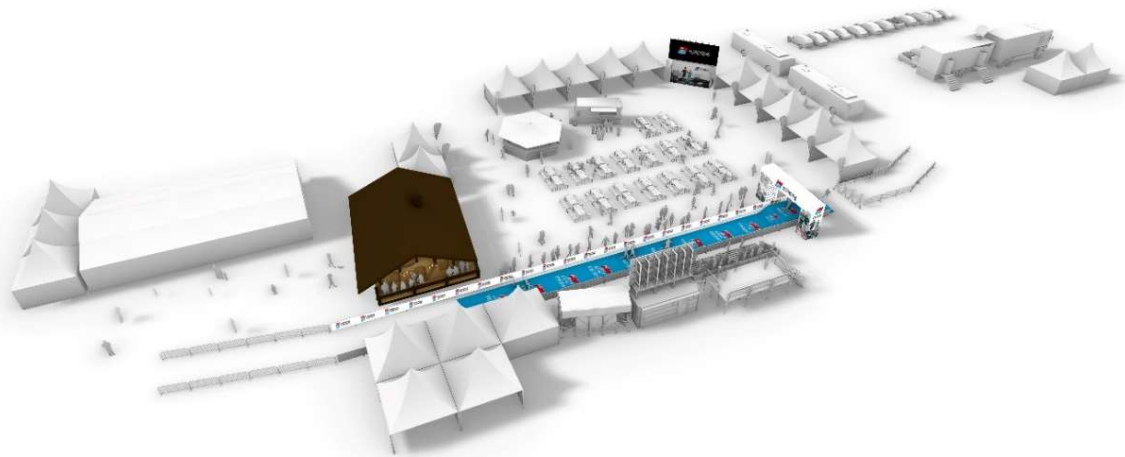
Stubaital Str. 110, 6167 Neustift im Stubaital

In Words:

Ort Neustift/Stubaital

Freizeitzentrum

- a. Start Vertical
- b. Finish: Trail Short
- c. Start: Trail Long
- d. Additional: Showers, Catering Area, Anti-Doping facilities, exhibition, athlete rest area, mixed zone, information desk, stage and led wall, small media center



B) **Venue Innsbruck** (coordinates: 47.269538, 11.395582)

Place in front of the State theatre Innsbruck

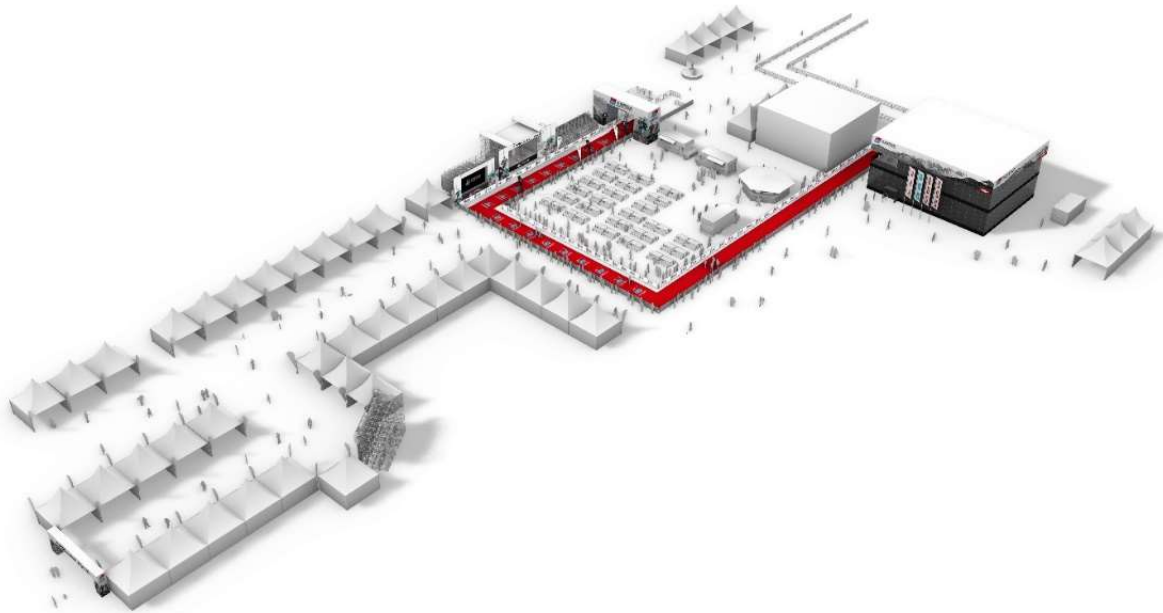
Rennweg 2, 6020 Innsbruck

In Words:

Innsbruck

Landestheatervorplatz/Hofburg/Congress/Herz der City

- a. Start/Finish: Mountain classic
- b. Start: Trail Short
- c. Finish: Trail Long
- d. Additional: Main media Center, Main anti-doping facilities, Press Conferences, Congress, Technical Meetings, mixed zone, catering facilities, stage and led wall





Preliminary Entry Form & Final Entry Form

Preliminary Entry Form: will be sent out in December

Deadline Preliminary Entry Form: January, 31st 2023

Deadline Final Entry Form: May, 5th 2023

Championship Categories

1. Trail Running:

- a. Long Trail (85km)
 - Men's Individual
 - Women's Individual
 - Men's Team
 - Women's Team

- b. Short Trail (45km)
 - Men's Individual
 - Women's Individual
 - Men's Team
 - Women's Team

2. Mountain Running:

- c. Vertical (7km)
 - Men's Individual
 - Women's Individual
 - Men's Team
 - Women's Team

- d. Mountain Classic (up& down, 13,7km)
 - Men's Individual
 - Women's Individual
 - Men's Team
 - Women's Team

- e. Junior Mountain Classic (up& down, 6,7km)
 - Men's individual
 - Women's individual
 - Men's Team
 - Women's Team



Prize Money

The following prize money will be available.

| Gender | # | Mountain Classic | Vertical | Trail Long | Trail Short |
|-----------------|-----------------|------------------|----------|------------|-------------|
| Male/ Female | 1 st | 4.000 € | 4.000 € | 4.000 € | 4.000 € |
| | 2 nd | 2.000 € | 2.000 € | 2.000 € | 2.000 € |
| | 3 rd | 1.000 € | 1.000 € | 1.000 € | 1.000 € |
| | 4 th | 750 € | 750 € | 750 € | 750 € |
| | 5 th | 500 € | 500 € | 500 € | 500 € |

*There is no prize money for junior competitions, nor for any team classification

Race Courses

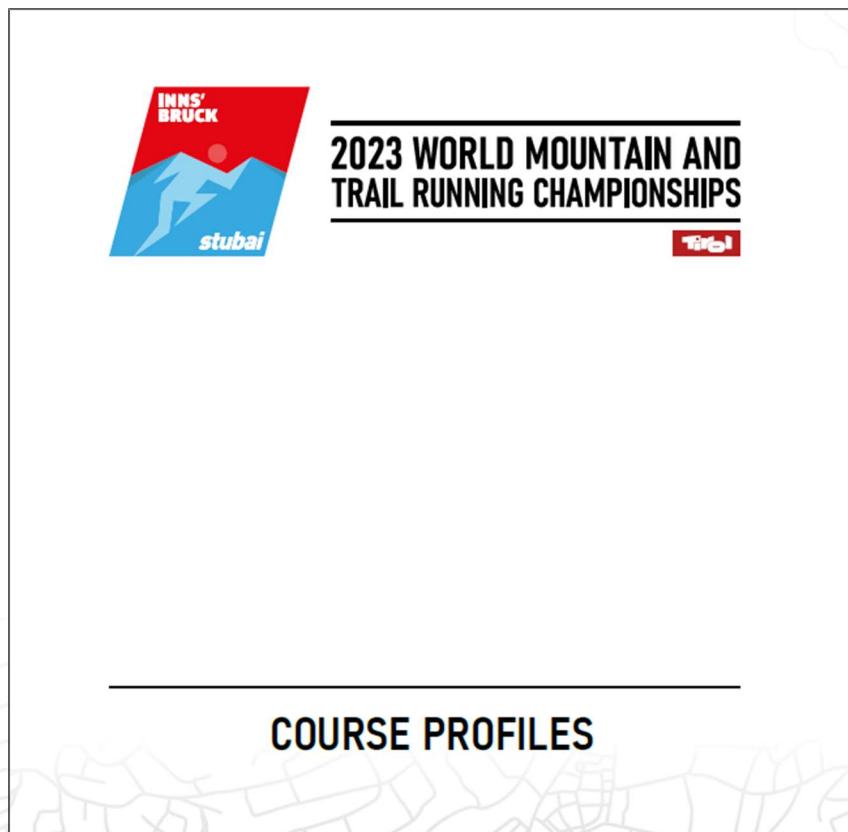
The courses of the WMTRC23 Innsbruck – Stubai are carefully selected offering the best mountain and trail running can offer, incl. one of the most beautiful mountain views you can imagine. The profile integrates all kinds of terrain, flat & flowy, steep, rocky and high alpine providing a challenging combination for the athletes guaranteeing amazing competition and an experience of a lifetime for the athletes.

A short overview in the following, please see our comprehensive course profiles, incl. maps, profiles, POIs, aid stations and detailed descriptions in our [course profiles](#) below.

| Competition | Date* | Time* | Start | Finish | Distance | Vert |
|---------------------------------|------------|-------|-----------|-----------|------------------|------------|
| Vertical | 07.06.2023 | TBA | Neustift | 11er Hut | 7,3 km | ±1020/5 |
| Trail Short | 08.06.2023 | TBA | Innsbruck | Neustift | 44,6 km | ±3194/2772 |
| Trail Long | 09.06.2023 | TBA | Neustift | Innsbruck | 85 km | ±5554/5966 |
| Mountain Classic Junior 1 Loop | 10.06.2023 | TBA | Innsbruck | Innsbruck | 6,7 km (1 loop) | ±360 |
| Mountain Classic Senior 2 Loops | 10.06.2023 | TBA | Innsbruck | Innsbruck | 13,7km (2 loops) | ±720 |

*changes possible at any time

Click here:



Opening and Closing Ceremony & Parade of Nations

| What? | When? | Where? |
|-----------------------------|-------------|------------|
| Official Opening Ceremony** | 06.06.2023* | Innsbruck* |
| Official Closing Ceremony** | 10.06.2023* | Innsbruck* |

*Changes possible at any time – further information will be communicated as soon as they are available

**Opening Ceremony & Parade of Nations will present all the federations with their flags and all (accepted) federations are expected to participate.

Awards Presentation

There will be a flower ceremony immediately after the podium finishers held near the finish line. On every Raceday (07.-10.06.), there will be a Medal Ceremony in the evening at the Medal Plaza (Venue Innsbruck).

| What? | When? | Where? |
|----------------------------------|------------|---|
| Flower Ceremony Vertical | 07.06.2023 | Vertical Finish (11er Hut Mountainside) |
| Medal Ceremony Vertical | 07.06.2023 | Innsbruck Venue |
| Flower Ceremony Trail Short | 08.06.2023 | Stubai Venue |
| Medal Ceremony Trail Short | 08.06.2023 | Innsbruck Venue |
| Flower Ceremony Trail Long | 09.06.2023 | Innsbruck Venue |
| Medal Ceremony Trail Long | 09.06.2023 | Innsbruck Venue |
| Flower Ceremony Mountain Classic | 10.06.2023 | Innsbruck Venue |
| Medal Ceremony Mountain Classic | 10.06.2023 | Innsbruck Venue |

Media Operations

During the WMTRC 2023, a dedicated staff of professionals and freelancers will support to work of journalists, photographers, social media content creators, bloggers, video-professionals and so on.

They will work in the Media rooms in Innsbruck and Stubai, they also will have designated areas after the finish lines for interviewing the athletes or along the course for taking pictures or videos.

Press Conferences will be organized according to the needs of international and national federations and of the Local Organizing Committee.

All Media facilities will also be accessible for media representatives of the international and national federations. If you want to accredit your own media people (e.g., social media managers), please note that accreditations for this client group will open separately. Opening for media accreditation will be posted on our website.



Insurance and Indemnities

Participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from 2023 World Mountain and Trail Running Championships Innsbruck-Stubai and during the event itself. Please take the necessary steps to fulfil these requirements well in advance. Except in relation to gross negligence or wilful misconduct of the organiser (LOC), the Participating Member Federations defends and holds harmless the organiser from and against any personal injury or material damages, losses and claims arising out of the participation at the Championships.

Please stay tuned for more updates following soon.

The next information sheet will be sent out mid December with the PEF.

You will have the chance to meet members of the LOC in Thailand. There will be a session for questions. We look forward meeting you there.

Additionally, you can find a lot of information at any time via www.innsbruck-stubai2023.com.